

## News from Nan

### NEWS 'N' VIEWS

# RACE AGAINST PH (OUR FAVORITE!)

NOVEMBER 9, 2018 | ANNA



On Sunday, November 4, 2018, we ran what must be our fifth Race Against PH 5K on the Stanford University campus.

It wasn't the NYC Marathon (which was run the same day), but I'm proud of my back, hip, and heart for seeing me through this event. It's a friendly, family-type race, too, and well run. The shirts are awesome!

We won NOTHING, and our excuse is that we're competing with folks at the young end of our age category. Just wait a few years and we'll be at the young end of another age category — sigh...



◀ 2018 ◀ JOHNSON ◀ RACE AGAINST PH ◀ RUNNING ◀ STANFORD UNIVERSITY ◀ VAN RAAPHORST